





# **Developing Your Own Leadership Capability**

# **Duration 3 Days**

## Introduction

Developing your own leadership capability using action learning – is a course designed to enable learners to actively participate in an action learning set to help them develop their leadership capability going forward.

### **Objectives**

Participants will practically review and develop an understanding of the following areas:

- Understand the role of action learning in developing own leadership capability
- ♥ Be able to use action learning to plan and monitor the leadership journey
- Be able to review effectiveness of action learning in the development of own leadership capability

#### Who Should Attend

• Anyone wishing to participate actively in an action learning set to help them develop their leadership capability.

#### **Course Outline**

This course uses interactive training methods of a combination of lecturing; large and small group discussion; group and individual exercises; and instructional feedback.

#### 1. Module 1 (Understand the role of action learning in developing own leadership capability)

- 1.1. The nature of Action Learning (L=P+Q) as a development medium and the role of the Action Learning Set, the 'Client' and the 'Set Advisor'
- 1.2. Learning styles and the impact of own learning style on role and behavior in Action Learning Set
- 1.3. Techniques for researching problems and questioning techniques to explore problems, reflection and hypothesis forming
- 1.4. Sources of 'programmed' learning to development knowledge and skills
- 1.5. The political and emotional aspects of the group process

#### 2. Module 2 (Be able to use action learning to plan and monitor the leadership journey)

- 2.1. Personal strengths and limitations analysis
- 2.2. Importance of a systematic approach to developing effective leadership skills
- 2.3. Setting objectives for leadership development and their application to work and other contexts
- 2.4. Techniques for developing personal leadership capacity
- 2.5. Sources of information, help and support for leadership development, including theorists, tutors, practicing/model leaders, colleagues

# 3. Module 3 (Be able to review effectiveness of action learning in the development of own leadership capability)

- 3.1. Importance of a systematic approach to developing effective leadership skills
- 3.2. Setting objectives for leadership development and their application to work and other contexts
- 3.3. Techniques for developing personal leadership capacity
- 3.4. Sources of information, help and support for leadership development, including theorists, tutors, practicing/model leaders, colleagues.